



Inner Qi Healing Center

...now online at: www.InnerQiHealing.com

YOGA CLASS SCHEDULE (June - Aug. 2009)

Monday	Tuesday	Wednesday	Thursday
Shannon Bennett All Levels YOGA 8:30 am - 10 am <i>and</i> 10:30 am - 12 pm <i>Call Shannon at:</i> (707) 986-7250	Ann Constantino Beginning YOGA 8:30 am - 10 am	Toni Jones Advanced YOGA 8:30 am - 10 am <i>Thru August 20th</i> Jeff & Shannon Kunlun Bliss 6pm - 8pm <i>Call Shannon at:</i> (707) 986-7250	Ann Constantino Beginning YOGA 8:30 am - 10 am

Lori Stewart
(707) 223-4585

Inner Qi Healing Center * 824 Locust Avenue, Garberville, CA 95542 * (707) 223-4585
 Please enter at the gate just to the right of the Redwood Times office on Maple Lane.



Inner Qi Healing Center

...now online at: www.InnerQiHealing.com

YOGA CLASS SCHEDULE (June - Aug. 2009)

Monday	Tuesday	Wednesday	Thursday
Shannon Bennett All Levels YOGA 8:30 am - 10 am <i>and</i> 10:30 am - 12 pm <i>Call Shannon at:</i> (707) 986-7250	Ann Constantino Beginning YOGA 8:30 am - 10 am	Toni Jones Advanced YOGA 8:30 am - 10 am <i>Thru August 20th</i> Jeff & Shannon Kunlun Bliss 6pm - 8pm <i>Call Shannon at:</i> (707) 986-7250	Ann Constantino Beginning YOGA 8:30 am - 10 am

Lori Stewart
(707) 223-4585

Inner Qi Healing Center * 824 Locust Avenue, Garberville, CA 95542 * (707) 223-4585
 Please enter at the gate just to the right of the Redwood Times office on Maple Lane.